



## **Press Release –**

### **MZ Beginner's Triathlon attracts newcomers with great atmosphere and small distances**

8th JANUARY 2016 - When hundreds of perfectly prepared endurance athletes jump into the Lake Guggenberger on August 14th, and the atmosphere is vibrant, many alongside the course might wish to also stand behind the starting line. To feel the thrill! Soak up the atmosphere! Swimming, cycling, running, on the Challenge course!

This dream actually can come true for newcomers and sports enthusiasts, as the team of the Challenge Regensburg is organizing a beginner's triathlon, on the exact day of Challenge Regensburg.

The distances are easily to be managed by every healthy person. A basic fitness level is sufficient to make it to the finish line. The course - and that's special - will follow parts of the route on which the athletes of the Challenge Regensburg are already on their way.

Get the chance to enjoy the Challenge-feeling without having to complete 226 kilometers and without needing special triathlon equipment! Even the race packages are similar to those of the Challenge athletes: Every newcomer will take home a swim cap, a transition bag, a finisher shirt and a medal.

#### **It's all about the fun – race without timing**

The distances for the beginner's race: 300 meters of swimming in Lake Guggenberger, 18 kilometers of cycling towards the city of Regensburg, and finally, three kilometers of running through the Old Town of Regensburg, which will be alive with spectators thanks to the current Challenge-race underway. The finish line for the successful newcomers will be located on Neupfarrplatz right next to the Domplatz, where the Challenge finish line is, and offers a spectacular setting for the first finish.

"The MZ Beginners Triathlon is all about fun. It should give newcomers the opportunity to gain an impression of triathlon, to enjoy the atmosphere. Therefore, we have decided to start the race without timing," explains Race Director Tom Tajsich.

#### **Only 300 athletes**

Who'd like to take part now, at the MZ Beginner's Triathlon, should be signing up quickly. As only 300 athletes will get the chance to race at the first edition in 2016. "We expect race to be sold out quickly," says Tom Tajsich.

Sign up for MZ Beginner Triathlon on  
<http://challenge-regensburg.com/anmeldung/>

-ends-

#### **Der Challenge Regensburg online**

Im Web: [www.challenge-regensburg.com](http://www.challenge-regensburg.com)

Auf Facebook: [www.facebook.com/ChallengeRegensburg](https://www.facebook.com/ChallengeRegensburg)

Auf Twitter: [www.twitter.com/Challenge\\_RGB](https://www.twitter.com/Challenge_RGB) #ChallengeRGB



The Challenge Family series of triathlons features 47 full and half distance races in 23 countries around the world, including the world's largest long distance triathlon – Challenge Roth in Germany. The birthplace of the Challenge Family, Challenge Roth now features over 5,500 athletes and 250,000 spectators and home to both world records held by Andreas Raelert (GER) and Chrissie Wellington (GBR). Since 2002, races throughout Europe, UK, Australasia, Asia, North America and South America have joined Roth. Together they provide athletes with a new experience of long distance racing with a strong focus on athlete and spectator experience, giving back to the community while respecting the legacy of sport and being committed to its continued growth. For further information on Challenge Family visit [www.challenge-family.com](http://www.challenge-family.com).

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